

## Porto: Stories from Portugal's Historic Bolhao Market

By Gabriella Opaz and Sonia Andresson Nolasco,  
Agate Publishing, \$43.50

Portugal is a dream destination for those who love food, and the Bolhao Market has been the culinary hub of northern Portugal since 1914. *Porto: Stories from Portugal's Historic Bolhao Market*, tells the stories of the farmers, fishermen and local producers who gather to sell their wares six days a week. More culinary guide than cookbook, it contains a handful of recipes and focuses on the edible history of the region, separated into chapters focusing on Portuguese staples: seafood, cured meats, produce and everything you'll want to want to eat on your visit.

---

